

Good Vibrations' 2023-24 on year extension strategy

Our charitable objects, vision and mission

Our vision

A safer and more-empathetic UK, where vulnerable people, including those convicted of offences, are given the chance to become valued members of society, and to forge fulfilling, constructive lives.

Our charitable objects are:

1. The advancement of **education and mental health**, in particular, but not limited to **Indonesian performing arts** as a tool to promote, improve, and develop communication skills, teamwork, and creative learning in **prisons and other institutions**.
2. The promotion of **Indonesian classical music, dance, singing and shadow puppetry** and related art forms.

Our mission

to inspire marginalised people with complex needs to help them realise their true potential, to motivate them, and to give them the tools they need to build more positive futures. We do this through **communal music-making projects, support and activities for individuals**.

Research about Good Vibrations tells us that working together to learn to play a gamelan creates a culture of collective responsibility, shared leadership, and joint decisions, which supports vulnerable participants to: 1) **Develop social and communication skills** 2) **Experience achievement that can prompt engagement with formal educational programmes** 3) **Experience reduced anxiety and an increased ability to cope with stress** 4) **Improve their anger management skills**. During this strategy period 2 new independent academic evaluations on our work will be published or underway, showing we are having both short and long-term impacts on individuals, organisations, and practitioners.

Our delivery goals, and their settings

We aim to work with 700 participants between April 2023 and March 2024. We want **almost half of these participants to experience the deepest, most intensive projects we offer**, and for **75% of people on our intensive courses to develop transferable skills**.

Financial year	Number of:						Turnover (cash)	FTE staff head count
	Participants reached	Intensive course participants	Prison partners	Community setting partners	Secure hospital partners			
2023/2024	700	430	12	15	3	£375,000	4.0	

Intensive gamelan projects where groups create together over 5 days to put on a performance, and make a CD - sometimes incorporating accreditation.

Co-created gamelan courses with community partners where structure, duration and content is bespoke according to need and opportunity. Often incorporates other artforms.

Loophole Music projects where groups write songs using more traditional instruments and music technology. Including community/showcase events

Training and development events for practitioners, students, and past participants - often about disseminating learnings and good practice, also a fundraising offer.

Gamelan weekly/fortnightly courses and tasters sessions - for regulars and drop-ins, open to all where possible. These form the backbone of our Resonate projects - Glasgow, Nottingham and Sheffield (new in 2023/4)

"The Gamelan Room" digital gamelan for participants' use after one of our courses. Can lead to OCN qualification in level 1 composition. Music produced to be performed/recorded/broadcast where possible.

Where we work	Existing work	New work planned in 2023/24
In criminal justice settings	<ul style="list-style-type: none"> All categories of adult prisons 5-day gamelan intensive courses Weekly gamelan (HMP W Scrubs) 	<ul style="list-style-type: none"> Return to work in YOIs More non-traditional settings similar to Glebe House Loophole courses in prisons/YOIs Digital gamelan with accreditation
In secure hospitals	<ul style="list-style-type: none"> Loophole in Bethlem Royal Hospital Gamelan in Gartnavel Hospital 	<ul style="list-style-type: none"> Loophole in Lambeth Hospital
In the community	<ul style="list-style-type: none"> Resonate hubs in Glasgow and Nottingham Training and Development projects 	<ul style="list-style-type: none"> New Resonate hub in Sheffield

To achieve this our change goals:

Finances					People	Diversity and Sustainability
To achieve these goals, we anticipate needing:					After a year with a reduced core staff team, we will move from 2.5 back to 4.0 FTE.	We will turn our:
TURNOVER → £375,000					We will start the year with a freelance fundraiser aiming to employ a permanent 0.6FTE fundraiser.	<i>Diversity & Inclusion Policy, Procedures and Action Plan</i> into a bold <i>Diversity & Inclusion Strategy</i> and implement it so that we are doing much more to share power and privilege.
<i>Grants</i>	<i>Contracts</i>	<i>Corporate</i>	<i>Partner payments</i>	<i>Individual giving</i>	We will focus on ensuring that our team has the necessary skills and support to deliver the strategy.	<i>Sustainability Policy, Procedures and Action Plan</i> into a bold <i>Sustainability Strategy</i> and implement it so that we are doing much more to tackle the <i>Climate Emergency</i> .
72%	13%	5%	4%	6%		